Kortschak Center for Learning and Creativity
PRESENTS

SKILL-BUILDING FOR SUCCESS
Join us for our skill-building workshop series from 10 - 11am PT on Tuesdays – Fridays
*Not including Fall Break (10/14 and 10/15)

Each week KCLC Academic Coaches will present via Zoom on the weekly topics listed below.

**WEEK 1**
(OCTOBER 5TH-8TH)
Time Management TECHNIQUES
Discuss methods of improving your scheduling, prioritization, assignment completion, concentration, productivity and goal-setting.

**WEEK 2**
(OCTOBER 12TH AND 13TH*)
Reading STRATEGIES
Acquire strategies for how to complete your course readings effectively and improve comprehension.

**WEEK 3**
(OCTOBER 19TH-22ND)
Stress Management TIPS
Understand how you experience stress and explore various ways to cope. Application of stress reduction techniques will be practiced!

**WEEK 4**
(OCTOBER 26TH-29TH)
Test-Taking TACTICS
Improve your exam-preparation skills by exploring different methods of learning, studying and actually taking the test, which can be implemented before, during or after the exam.

Zoom link: [https://usc.zoom.us/j/95019147813](https://usc.zoom.us/j/95019147813)